

the experience that inspires

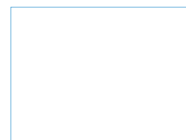


CHARGED!



ESTABLISHED 2003

CHARGED!
1275 POST ROAD
SUITE A20
FAIRFIELD CT 06824
203.254.7211
training@chargedstudios.com
www.chargedstudios.com



PERSONAL TRAINING



SESSIONS & PROGRAM OFFERS

Sessions may be purchased individually or in bulk up to 50. For even greater savings, select a Lock-In-Rate from one of our Program Offers. For details, please refer to our price guide or call 203.254.7211

www.chargedstudios.com

email: training@chargedstudios.com



TESTIMONIALS

I used to dread my workouts. Having trained at Charged! for over a year, I can honestly say that I look forward to my workouts. The sessions are totally individualized, challenging, inspiring and FUN! The trainers are real professionals and have the unique ability to combine high level knowledge with personal flair... and always with a smile and sense of humor. It is an energizing and enjoyable experience.

Lisa Callahan, Fairfield

PROGRAM OFFERS*

Jump Start	2 months
4 Titude	4 months
Half Time	6 months
Fully Charged!	1 year

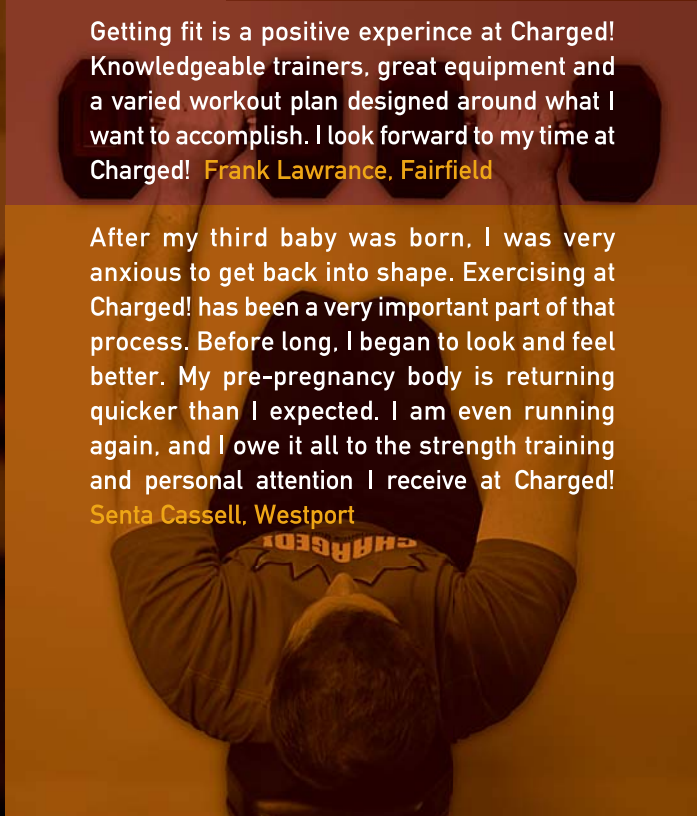
*All programs are offered at 2 or 3 times per week

A NOTE FROM THE OWNERS

Fitness means different things to different people. At Charged!, your personalized training session embodies a precise blend of expert instruction, motivation and privacy. The result is a guaranteed path to measurable success. We break the mold of costly gym memberships and set new standards in client dedication. Charged! offers everything a gym cannot; no waiting, no crowds and no judgments. No matter how simple or ambitious your fitness goals may be, Charged! is the key to your success.

We Look Forward To Working With You.

Brett & Joli
Brett & Joli D'Elia



Getting fit is a positive experience at Charged! Knowledgeable trainers, great equipment and a varied workout plan designed around what I want to accomplish. I look forward to my time at Charged! **Frank Lawrance, Fairfield**

After my third baby was born, I was very anxious to get back into shape. Exercising at Charged! has been a very important part of that process. Before long, I began to look and feel better. My pre-pregnancy body is returning quicker than I expected. I am even running again, and I owe it all to the strength training and personal attention I receive at Charged! **Senta Cassell, Westport**